

# The 5000m Track Challenge Results 2019

Harvey Hadden Stadium, Nottingham

27th July 2019

## Race 1

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1 218	James	Farrell	Unattached	Male	SEN	18:48.02
2 245	Conrad	Watson	Sutton in Ashfield Harriers & AC	Male	V50	19:06.47
3 236	William	Butler	Team Anstey Amblers and Runners	Male	U23	19:31.17
4 231	Charlie	Pearce	Beeston AC	Male	V45	19:44.67
5 211	Hollie	Elliott	Charnwood AC	Female	SEN	19:51.05
6 241	Peter	Wallis	Beeston AC	Male	V35	19:52.03
7 232	Olly	Stabler	Wreake & Soar Valley	Male	SEN	20:09.16
8 244	Ryan	Lyttle	Black pear joggers	Male	SEN	20:10.26
9 238	Megan	Judge	Black pear joggers	Female	SEN	20:10.31
10 243	Andy	Lindley	Hermitage Harriers	Male	V50	20:12.03
11 235	Rowan	Booth	Caistor Running Club	Female	V35	20:17.54
12 242	Dave	Lodwick	Roadhoggs Leicester AC	Male	V55	20:18.17
13 230	Matthew	Dumelow	Hermitage Harriers	Male	V35	20:32.01
14 233	Brian	Williams	Team Anstey Amblers and Runners	Male	V55	20:36.64
15 228	Clara	Pettitt	Vale Royal AC	Female	U23	20:39.84
16 226	Darren	Musson	None	Male	V40	20:50.05
17 234	Anthony	Ison	Stilton Striders	Male	SEN	20:50.11

## Race 2

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1 215	Tsz Sum	Fung	City of Sheffield and Dearne	Male	SEN	18:09.26
2 206	Lucie	Tait-Harris	telford Athletic	Female	V45	18:12.43
3 223	Kevin	Piper	None	Male	V40	18:16.16
4 214	Adam	Barnes	Tipton Harriers	Male	SEN	18:34.28
5 202	Richard	Hobson	Ilkeston RC	Male	SEN	18:39.98
6 220	Joe	Cartwright	4Life Tri Club	Male	U20	18:48.14
7 207	Sam	Jolly	Roadhoggs Leicester	Male	SEN	18:55.33
8 213	Polly	Edwards	Derby AC	Female	U23	18:56.93
9 205	Neil	Mitchell	Unattached	Male	V40	19:01.41
10 216	Rebecca	Miller	Derby AC	Female	SEN	19:03.54
11 212	Natalie	Bunce	UKRunChat	Female	SEN	19:09.37
12 217	Matt	Hawkins	Horley Harriert	Male	V35	19:09.83
13 208	Ian	Gordon	Formula One Circuit Crew	Male	SEN	19:20.64
14 186	Matthew	Nutt	Formula One Circuit Crew	Male	V50	19:34.92

## Race 3

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1 189	Joe	Shuttleworth	Nottingham University AC	Male	U23	17:09.21
2 197	Anna	Boniface	Reading AC	Female	SEN	17:17.34
3 190	Andrew	Reynolds	Holme Pierrepont Running Club	Male	SEN	17:17.74
4 198	Steven	Whatmore	Knowle & Dorridge RC	Male	SEN	17:23.76
5 195	Graham	Moffatt	Rushcliffe AC	Male	V50	17:33.85

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6	180	Amelia	Pettitt	Vale royal AC	Female	SEN	17:35.53
7	178	Mark	Ramsden	Roadhoggs	Male	V40	17:40.09
8	199	Jon	Fox	Holme Pierrepont RC	Male	V35	17:48.78
9	192	Zejun	Yao	University of Leeds	Male	V35	17:51.64
10	179	Andrew	Soley	Holmepierepont	Male	V35	18:00.18
11	191	Peter	Armstrong	Hermitage	Male	V35	18:00.69
12	181	John	Mason	Telford Athletics Club	Male	U20	18:02.77
13	196	Leila	Armoush	Leeds City AC	Female	SEN	18:09.89
14	188	Keri	Pearson	Rotherham Harriers	Female	SEN	18:18.43
15	182	Richard	Martin	Ivanhoe Runners	Male	V45	18:29.82
16	185	Russell	Parkin	Derby AC	Male	V55	18:34.08
17	187	Nick	Moore	Hinckley	Male	V40	18:43.66

## Race 4

Pos	#	First Name	Surname	Club	Gender	Age Group	Time
1	163	Kiri	Marsh	Tonbridge	Female	U23	16:54.25
2	160	Charlie	Staveley	Leamington Cycling & Athletic Club	Male	SEN	16:54.42
3	166	richard	o'sullivan	Team marathon road	Male	V45	16:55.97
4	168	Ross	Tyrrell	Beaumont RC	Male	SEN	17:00.91
5	170	Tom	Stokes	Erewash Valley RC	Male	V45	17:19.20
6	159	Zach	Spence	Wreake and Soar Valley AC	Male	U20	17:22.41
7	174	Chris	Wilshaw	Shelton Striders	Male	SEN	17:36.09
8	167	david	pearce	leicester coritanian ac	Male	V50	17:40.22
9	165	Michael	Tomkins	Kings Heath RC - The Lions	Male	V35	17:43.88
10	171	Andrew	Kinsley	Retford AC	Male	SEN	18:01.00
11	169	Ben	Abbott	Notts AC	Male	SEN	18:09.99
12	162	Rebecca	Evans	Cardiff AAC	Female	SEN	18:35.25
	173	Jenny	Blizard	Rotherham harriers	Female	V40	DNF

## Race 5

Pos	#	First Name	Surname	Club	Gender	Age Group	Time
1	156	Conall	McNally	Redhill Road Runners	Male	U23	16:26.62
2	146	Jack	Dakin	Derby AC	Male	SEN	16:33.43
3	154	Ian	Ellwood	Kent AC	Male	SEN	16:38.20
4	172	Sarah	Astin	City of Norwich	Female	SEN	16:38.71
5	15	Sarah	Potter	Victoria Park City of Glasgow	Female	SEN	16:42.76
6	151	Oliver	Senior	Stratford AC	Male	SEN	16:45.25
7	145	Miles	Winter	Hermitage Harriers	Male	V40	16:48.30
8	148	Chris	Baxter	Badgers	Male	SEN	16:58.03
9	149	George	Mason	Guernsey AC	Male	SEN	17:03.30
10	147	Robert	Tan	Reading AC	Male	SEN	17:12.14
11	144	Josh	smith	Poplar RC	Male	U20	17:33.33
DNF	150	David	Tune	Rotherham Harriers	Male	V45	

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## Race 6

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1	132 Daniel	Giles	Loughborough Students AC	Male	SEN	15:54.82
2	140 Matt	Nicholson	Bedford & County	Male	SEN	16:05.93
3	121 Thomas	Halloway	Rotherham	Male	SEN	16:09.44
4	120 Ludovic	Renou	Leicester Coritanian	Male	V40	16:09.69
5	124 Daniel	Bagley	Holme Pierrepoint Running Club	Male	SEN	16:16.49
6	122 oliver	Matharu	HOLME PIERREPONT RUNNING CLUB	Male	SEN	16:18.40
7	134 Gavin	McDermott	Leicester Coritanians	Male	V45	16:24.13
8	125 Sam	Todd	City of Norwich AC	Male	SEN	16:24.65
9	131 Fabio	Gelbcke	Highgate Harriers	Male	SEN	16:29.13
10	142 Rhys	Francis	Loughborough Students AC	Male	SEN	16:29.29
11	129 Rob	Everson	Durham city	Male	SEN	16:30.19
12	135 Ben	Plummer	Barrow Runners	Male	SEN	16:49.46
13	128 Andrew	Quigley	West End Runners	Male	V45	16:53.65
DNF	126 Jason	Williams		Male	VET	
DNF	137 Sebastien	Vicary	Lincoln Wellington AC	Male	U23	

## Race 7

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1	104 Joseph	Tuffin	Rushcliffe AC	Male	U23	15:25.33
2	117 Joe	Walton	Taunton AC	Male	SEN	15:29.62
3	106 Kristoff	Boynton	Steel City Striders	Male	SEN	15:37.40
4	118 John	Gordon	Loughborough Students AC	Male	SEN	15:42.09
5	107 John	Birch	Hallamshire Harriers Sheffield	Male	SEN	15:45.22
6	115 Amittai	Ben-Israel	Coventry Godiva	Male	U23	15:51.61
7	98 Lewis	Nagington	Newcastle Staffs AC	Male	U20	15:55.61
8	99 Joseph	Booth	York Knavesmire Harriers	Male	SEN	15:59.46
9	114 Robert	Laing	Kent AC	Male	V40	16:00.09
10	97 Andy	Harding	Belper 10:20 Triathlon Club	Male	SEN	16:04.78
11	105 Jeff	Prest	Trafford	Male	V45	16:05.86
12	100 Matthew	Craig	Hallamshire Harriers Sheffield	Male	SEN	16:10.34
13	112 Declan	Power	Highgate Harriers	Male	V45	16:11.02
14	109 Sebastian	Hall	West End Runners	Male	SEN	16:11.43
15	102 Tom	Greaves	Warrington AC	Male	SEN	16:12.72
16	113 Joe	Sweetnam-Powell	Steel City Striders	Male	SEN	16:33.84

## Race 8

Pos #	First Name	Surname	Club	Gender	Age Group	Time
1	78 Lee	Milburn	Rotherham Harriers	Male	SEN	15:05.36
2	77 Stephen	Mears	Charnwood	Male	SEN	15:08.30
3	83 Terry	Scott	Tyne Bridge Harriers	Male	V45	15:15.34
4	86 Alex	Jolly	Birchfield harriers	Male	SEN	15:18.17
5	89 Michael	Cameron	Thames Valley Harriers	Male	SEN	15:22.84

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6	91	Chris	Law	Holmfirth Harriers AC	Male	U23	15:26.13
7	81	Stuart	King	Notts AC	Male	SEN	15:27.70
8	116	Jose	Gray	Cambridge University Hare and Hounds	Male	U23	15:33.60
9	92	Aston	Perrin	Long Eaton	Male	SEN	15:33.74
10	94	Max	Costley	Southampton AC	Male	SEN	15:34.07
11	82	Jarratt	Perkins	Notts AC	Male	SEN	15:39.90
12	57	Arron	Larkin	Rotherham Harriers AC	Male	SEN	15:42.86
13	79	Daniel	Slater	Liverpool Pembroke and Sefton Harriers AC	Male	U20	15:52.28
14	88	Anthony	Woodward	Notts AC	Male	V35	15:58.55
15	85	Andrew	Warburton	Notts AC	Male	SEN	16:11.26
16	87	Sebastian	Cirillo	Eastbourne Rovers AC	Male	SEN	16:16.41

## Race 9

Pos #	First Name	Surname	Club	Gender	Age Group	Time	
1	63	Alastair	Watson	Notts AC	Male	V40	14:26.42
2	67	Harry	Halford	Birchfield Harriers	Male	U23	14:29.80
3	65	Mohamed Daud	Mohamed	Coventry Godiva Harriers	Male	SEN	14:43.86
4	62	Nick	Martin	Caistor running club	Male	SEN	14:48.27
5	71	Baptiste	Jard	Joue Running 37	Male	U23	14:48.47
6	72	Matthew	Merrick	Aldershot And Farnham District	Male	U23	14:50.14
7	60	Thomas	Trimble	Lincoln Wellington AC	Male	U23	14:51.82
8	74	Abed	Teweldebrhan	Newport Harriers AC	Male	SEN	14:53.22
9	42	Sam	Johnson	Birchfield Harriers	Male	SEN	14:54.74
10	66	Philip	Robertson	Sale Harriers Manchester	Male	SEN	15:22.61
DNF	70	Alex	Dunbar	CONAC	Male	SEN	DNF

## Race 10

Pos #	First Name	Surname	Club	Gender	Age Group	Time	
1	73	Joseph	Monk	Preston Harriers	Male	U23	14:50.96
2	47	Thomas	Gostelow	Charnwood AC	Male	U23	14:52.69
3	56	Piers	Arnold	City of Norwich AC	Male	SEN	14:54.22
4	58	Tom	Mahon	Wreake & Soar Valley	Male	SEN	14:55.43
5	45	Mark	Bostock	Wakefield harriers	Male	U23	15:00.58
6	46	Sam	Eglen	Aldershot, Farnham and District	Male	SEN	15:05.30
7	54	Billy	Hobbs	Tunbridge Wells Harriers	Male	U23	15:15.64
8	48	Sam	Costley	Southampton AC	Male	U23	15:19.63
9	40	Scott	Greeves	City of Norwich AC	Male	SEN	15:21.83
10	49	Terry	Fawden	Highgate	Male	U23	15:22.28
DNF	44	Euan	Wilson	Charnwood AC	Male	U23	DNF
DNF	51	Jonathan	Goringe	Birchfield Harriers	Male	SEN	DNF

## Race 11

Pos #	First Name	Surname	Club	Gender	Age Group	Time	
1	4	Naomi	Taschimowitz	Shaftesbury Barnet	Female	SEN	16:06.06

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2	3	Morag	Millar	Central	Female	SEN	16:09.66
3	11	Gemma	Kersey	Basildon	Female	SEN	16:16.49
4	7	Bronwen	Owen	Leeds City	Female	U23	16:29.95
5	8	Lucy	Crookes	Leeds City	Female	SEN	16:37.08
6	16	Lauren	Hall	AFD AC	Female	SEN	16:45.08
7	17	Eleanor	Bolton	Ribble Valley Harriers	Female	U23	16:55.73
8	13	Becky	Briggs	City of Hull	Female	U20	17:02.26
9	14	Nicola	Devine	Rotherham Harriers	Female	SEN	17:34.42

### Race 12

Pos	#	First Name	Surname	Club	Gender	Age Group	Time
1	25	Mohamud	Aadan	Thames Valley	Male	SEN	13:56.37
2	29	Jonathan	Hopkins	Swansea	Male	SEN	13:57.26
3	23	Nigel	Martin	Sale Harriers	Male	SEN	13:57.79
4	21	Kristian	Jones	Swansea	Male	SEN	14:00.87
5	27	James	Gormley	Sheffield & Dearne	Male	U23	14:03.05
6	31	Carl	Avery	Morpeth	Male	SEN	14:07.65
7	30	Jamie	Crowe	Central AC	Male	SEN	14:21.21
8	22	Richard	Weir	Derby	Male	SEN	14:24.32
9	33	Ollie	Lockley	Leeds City	Male	SEN	14:26.37
10	24	Joe	Wilkinson	Lincoln Wellington	Male	SEN	14:38.69
11	20	Alex	Teuten	SAC	Male	SEN	14:43.40
12	39	Finn	McNally	Brighton Phoenix	Male	SEN	14:43.57